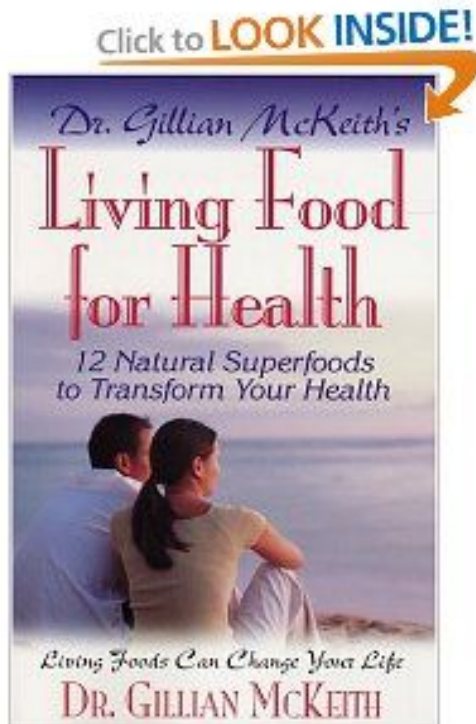


# Dr. Gillian McKeith's Living Food for Health: 12 Natural Superfoods to Transform Your Health



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former host in the UK of Channel 4's *You Are What You Eat* and Granada Television's *Dr Gillian McKeith's Feel*  
Clayton College of Natural Health McKeith advocates a pescetarian diet high in fruits and vegetables, grains. Dr. Gillian  
McKeith's *Living Food for Health: 12 Natural Superfoods to Transform Your Health* [Paperback] -- by Gillian McKeith.  
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